



Studierendenwerk West:Brandenburg

Places to go in case of emergency and crises - Potsdam

Ernst von Bergmann Hospital, Clinic for Psychiatry, Psychotherapy and Psychosomatics

Support in mental health crises, daily, around the clock.

Psychiatric emergency

In der Aue 59-61, 14480 Potsdam

Tel. 0170 5782634 (doctor on duty, 24/7)

<https://www.evb-gesundheit.de/klinikumevb/psychiatrie-und-psychotherapie>

Ernst von Bergmann Hospital, Emergency Medical Assistance after Rape

Important: No decision needs to be made about filing a police report.

At the emergency room, say the key phrase: "I urgently need to talk to a gynecologist." (woman) or "I urgently need to talk to an urologist." (man). You will then be quickly and discreetly directed from the admission to the specialist.

Central emergency room

Neubau BB, Ebene 1

Charlottenstraße 72, 14467 Potsdam

Tel. 0331 2413 50 51 (24/7)

<https://www.evb-gesundheit.de/klinikumevb/soforthilfe-nach-vergewaltigung>

Potsdam Social Psychiatric Service

Support in mental crises, also counselling for relatives or friends.

Behlertstr. 33a, 14467 Potsdam

Tel. 0331 289-2428

E-Mail: spdi@rathaus.potsdam.de

<https://vv.potsdam.de/vv/produkte/17301010000007898.php>

Women's Counselling Center Potsdam

Counselling for women with experiences of violence and crisis, anonymous if desired.

Garnstr. 33, 14482 Potsdam

Tel. 0331 974695

E-Mail: frauenberatung@frauenzentrum-potsdam.de

<https://frauenzentrum-potsdam.de/frauenberatung/>

Women's shelter Potsdam

Counselling and sheltered housing in case of domestic violence, in case of emergency admission around the clock.

Tel. 0331 964516

E-Mail: frauenhaus@frauenzentrum-potsdam.de

<https://frauenzentrum-potsdam.de/frauenhaus/>

Studierendenwerk West:Brandenburg

AndersARTiG

Counselling for lesbian, gay, bisexual, trans*, inter* and queer people.

Dortustraße 71a

14467 Potsdam

Tel. 0331 2019888

mail@andersartig.info

<https://andersartig.info/>

Opferperspektive e.V.

Counselling for victims of fascist and racist discrimination and violence, their friends, relatives and witnesses. Online counselling available.

Rudolf-Breitscheid-Str. 164, 14482 Potsdam

Tel. 0331 8170000

Anti discrimination counselling: Tel. 0331 581076076

info@opferperspektive.de

<https://opferperspektive.de>

Victim counselling Potsdam

Counselling for crime victims and witnesses, also anonymous.

Further offers: Trauma outpatient clinic, specialized counselling for stalking victims

Jägerstr. 33, 14467 Potsdam

Tel. 0331 2802725

E-Mail: potsdam@opferhilfe-brandenburg.de

<https://www.opferhilfe-brandenburg.de/>

Additional places to reach out to

Rescue control centre of the fire brigade: 112

Police: 110

Emergency medical service: 116 117

Poison emergency call: 030 19240

Telephone helpline

Counselling via Phone in case of personal problems and crisis, anonymous if desired.

Tel. 0800 111-0111/ -0222 or 0800 116 123 (24/7, 365 days a year)

E-mail and chat consultation via www.telefonseelsorge.de

Muslimic telephone helpline

Counselling via phone in case of personal problems and crises, anonymous if desired.

Tel. 030 443 509 821

<https://www.mutes.de/>

Studierendenwerk West:Brandenburg

Elterntelefon / „Parents telephone“

Telephone counselling for parents, anonymous if desired.

Tel. 0800 1110550

<https://www.elterntelefon.info/>

Helpline „Gewalt gegen Frauen“ / „Violence against Women“

Counselling for women via phone in case of experiences of violence and abuse, anonymous if desired.

Tel. 08000 116 016 (24/7; 365 days a year)

E-mail and chat consultation via www.hilfetelefon.de

Helpline for sexual abuse

Sexual abuse counselling by phone, anonymous if desired.

Tel. 0800 2255530

<https://www.hilfeportal-missbrauch.de/startseite.html#>

Weißer Ring e.V.

Help for anyone who has been confronted with a crime, anonymous if desired.

Tel. 116 006 (daily 7am – 10pm)

<https://weisser-ring.de/hilfe-fuer-opfer/opfer-telefon>

HateAid

Counselling and legal support in case of digital violence.

Tel. 030 25208838

E-Mail-Counselling: beratung@hateaid.org, Counselling via Chat is available

<https://hateaid.org/betroffenenberatung/>

OFEK e.V.

Counselling for anyone who experienced antisemitic violence, also their relatives and witnesses. Psychosocial support and crisis intervention.

Tel. 0800 6645268

Counselling is available in person and online.

kontakt@ofek-beratung.de

<https://ofek-beratung.de/>